

# **ALL GENDER ACTIVITY THERAPY GROUP**

**IN PERSON  
WEDNESDAYS  
5:30 PM – 7:30 PM**

**MEDITATION, CRAFTS, JOURNALING, AND CONNECTING**

**INSURANCE: MEDICAID, CIGNA, AETNA, BCBS, UNITED, KAISER  
(OR SELF-PAY )**

**TO SIGN UP, PLEASE CONTACT:**

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