

# LGBTQ+

ONLINE THERAPY GROUP

AGES 16+, WEEKLY ON WEDNESDAY EVENINGS

*Affirmation, connection, and collaboration*



**Insurance:** Medicaid, Cigna, Aetna, BCBS, United, Kaiser

**Self-pay:** \$350 for 8 weeks

**Topics may include:** identity & intersectionality, community, self-compassion, internal family systems (IFS), and more

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BEGINS ON  
WEDNESDAY **SEPTEMBER 10**

5:30 pm – 7:30 pm

