



# Women's Activity Therapy Group

**A supportive space to explore through journaling, art, and meditation. Topics include self-compassion, boundaries, and coping skills.**

**March 27 - May 15, 2026** (8 weeks)  
Virtual (Zoom) on Fridays  
10:00 AM - 12:00 PM

Insurance: Aetna, BCBS, Cigna, Kaiser, Medicaid, United (OR self-pay)

**Please Contact:**

Jenna Radcliffe, LCSW  
[jenna@creeksidecollaborativetherapy.net](mailto:jenna@creeksidecollaborativetherapy.net)  
720-248-8466

