



Chronic Illness Therapy Group

Supportive online therapy group for adults
living with chronic pain or chronic illness

Thursdays 5-6:30pm

Topics may include

- Identity & Purpose
- Navigating the Medical System
- Coping Skills
- Self-Doubt and Self-Confidence

8 week group
starting
January 29

Insurance accepted: Medicaid, Cigna, Aetna, United, Kaiser

OR self pay: \$350 for 8 weeks



Contact jack@creeksidecollaborativetherapy.net for more info or to sign up!